

## SCARF

### Safety, Caring, Achievement, Resilience, Friendship

This half term we will be focusing on safety. Initially the lessons will be about exploring sleep and how important it is to helping us grow and develop. The children will be Identifying simple bedtime routines that promote healthy sleep.

The children will also be learning about having strong, but not so good feelings, to help them stay safe ( talking to someone )

We will be learning about ways to keep ourselves healthy

The unit ends with a look at safety around medicines and making the right choices to ensure everyone is safe.

## STORMBREAK

**Stormbreak aims to improve children's mental health through movement, equipping them with sustainable, transferable skills and coping strategies to thrive during the complex demands of growth into adult life.**

Building resilience, overcoming adversity, learning to face stress and pressure. Developing effective self-care, depression, anxiety and anger management skills. Developing optimism, focus, persistence and perseverance. Improve confidence, self-esteem, self-image and self-worth.

Find out more yourself at [www.stormbreak.org.uk](http://www.stormbreak.org.uk)

## Science:

### As scientists we will learn about the human body:

- We will Identify, name, draw and label the basic parts of the human body
- We will know and say which part of the body is associated with each sense.

**Scientific reasoning:** Asking simple questions based on observations and ideas. Being able to suggest reasonable explanations to the questions that arise.



## Maths:

### Addition and subtraction (within 20):

Know number bonds to related addition and subtraction facts to 20. Add and subtract 1 and 2 digit numbers to 20, including 0.  
To solve one-step problems including those that have a missing number.

### Place value within 20

Count to 20 forwards and backwards. Count, read and write numbers from 1 to 20 in numbers and words.

Identify and represent numbers using objects and pictorial representations including a number line and use the language of greater than, more than, equal to, less than ( fewer ), most and least.

Count in multiples of 2, 5, and 10.

**Measuring:** Comparing our heights and lengths using our bodies

## Year 1 - Spring Term 1

# Marvellous Medicines



**RE:** Christianity: Was it always easy for Jesus to demonstrate friendship ?

## Music:

Charanga Music Scheme - In the groove. We will know how to identify 5 different music styles, Blues, Baroque, Latin, Irish Folk and Funk.

## Computing: Programming a moving robot.

Learners will develop their understanding of the various commands you can give a moving Beebot. Learners will match commands to an outcome and predict the outcome of a series of commands. Learners will plan a simple program through a series of commands and debug this program to achieve a set outcome.



## English:

### "Funnybones" by Allan Ahlberg

We will be writing a finding story based on our model text - Funnybones by Allan Ahlberg. We will be...

- beginning to punctuate sentences with capital letters, full stops, exclamation marks and question marks
- writing words containing the phonic sounds they have been taught
- writing sentences by saying out loud what they are going to write about
- Focusing on spelling the Year 1 high frequency words correctly

We will also be designing and creating an information poster about the human senses.

## Reading

Answering questions about stories they have been read or read themselves (inference).

Use phonic knowledge to read unfamiliar words including alien words linked to RWI phonics.

All classes will be enjoying 'George's Marvellous Medicine' by Roald Dahl this term.

## Handwriting

Continuing to develop legible and consistent letter formations.

## History: Famous historical figures

We will be learning to ask questions like historians

- We will learn all about Florence Nightingale and how she became the founder of modern nursing
- We will learn about Mary Seacole who was also a nurse who went to help people hurt in war

## PE: Dance

Mastering basic movements including balance, agility and coordination and apply these in a range of dance movements linked to sounds and music. I can also respond to a range of stimuli.

PE will be on a Wednesday and Friday afternoon.

## Art and Design Technology:

We will be exploring simple print making. This will include using our feet and hands to make prints and also exploring textures through oil pastel rubbings.

We will be exploring imprints using objects and Plasticine To end the unit of learning we will be printing a repeated pattern using a foam board imprint method.