

Wyke Regis Primary Federation

NEWSLETTER



9th December 2022

Inspiring hearts and minds

Message from Mrs Roberts

As the term draws to a close, the staff are busy finishing the class performances and preparing for Christmas parties next week. Please note that children may wear their own clothes on their party days – see dates below – but given the spell of very cold weather we are now experiencing, please ensure clothes are practical and warm coats are worn for playtimes.

I would like to thank you all for your support this term in what is turning out to be yet another challenging time with childhood illnesses and understandable worries of parents. We appreciate you keeping us informed as well as being vigilant with symptoms such as high temperatures and sore throats. Obviously if children are ill, they should not attend school. Let's hope that the upcoming holiday provides us with a 'fire break' and that we can all return fit and well in January. Unfortunately, the COVID pandemic has meant that young children have not built up the immunity that they have had in the past.

I would like to wish you all a very happy Christmas on behalf of all the staff at the Federation. We wish you peace, joy and love at Christmas time and look forward to seeing you all again next year.

Key dates

Friday 16 th Dec	School closes KS1 2.00 KS2 2.10
Tuesday Jan 3 rd	Spring term
January 3 rd	Y2 Royal dress up
January 25 th	Y4 Museum trip
February 8 th & 9 th	Parents evenings
February 9 th	Y3 parent event
February 10 th	Training day – school closed
February 13 th -17 th	Half term
February 20 th	School opens

Polite reminder

Please be aware of our neighbours in Victoria Road, High Street and Shrubbery Lane. If you are dropping off or collecting children, either at the start or end of the day, please do not obstruct driveways or use the school carparks.

Thank you!

Attendance

School Anxiety

School can give children and young people a source of support, boost self-esteem and give them a sense of achievement, friendships and relationships with trusted adults. It is however completely normal for children to feel worried about aspects of school life occasionally. This is usually short-lived and can be remedied by contacting the school for support. However, for some children, school can feel challenging, stressful or distressing for a longer period of time.

In some cases, this builds up so that the child is reluctant to go into school or becomes so stressed that they are unable to attend. This is usually called 'school refusal', emotionally-based school avoidance or anxiety-related absence.

Current attendance

Junior site – 94.0%

Infant site – 93.2%

Friends News – Parents Association

A huge thank you to our newly formed friends' group who have worked really hard in the last few weeks to get together 22 raffle baskets as well as organise the present wrapping of a little gift for every child in the Federation. They are really keen to encourage others to join so that we have more parents who can organise events for the children over the next couple of terms. Thank you for supporting the £1 donation day in aid of the raffles too – this is much appreciated. Totals raised will be shared next term. A Christmas present has been wrapped for every federation child too.

If you are interested in joining this new and exciting group – please contact either school office or speak to a member of staff. There will be a meeting in the new year to share and plan ideas.

Year 5 Enterprise Week

During the last half term, the children have been learning about cooking. They made scones with interesting choices of ingredients of their own and then researched and designed their own treats to sell at a pop-up market. Children from year 2 through to year 6 visited and became their customers. In addition to this their parents came in at the end of the market to see how they did and make some last-minute purchases.

Our Enterprise week was a success. We had lots of fun and enjoyed the experience of being a shop keeper for real. We struggled on some tasks but got there in the end. The children and adults seemed to love the food and liked the opportunity to be a customer. It was a great week and a learning experience for everyone that got involved.

By Blossom and Lola 5F



Tues 18th
Oct is a
day I will
never
forget!



Subject Spotlight – Design Technology

Many children across the Federation have been working hard to develop their designing and making skills this term. From chocolate bars in boxes to wooden lanterns, hand sewn bags to Santa's sleighs – the children have been sawing, measuring, sticking and fixing: our own little workshop elves! The aim of our Design and Technology lessons is to encourage children to be independent, creative and resilient – if your first idea doesn't work, try something else! Ask your children at home what they have been making in school. Maybe they can use these new skills to continue creating at home too?

Last week reminders

- Party days – Nursery Tues 13th
 - FS2, Y1 and Y2 Friday 16th
 - Y3 Thursday 15th
 - Y4 Wednesday 14th
 - Y5 Thursday 15th
 - Y6 Friday 16th
 - Non school uniform allowed on party days
- Please collect any 'lost' uniform items from the playground tables on Friday morning or after school Thursday at both sites when cloakrooms will be emptied.
- School closes for Christmas break at 2.00pm infants and 2.10pm juniors
- New for next term...Stormbreak – a new programme to be launched in spring to develop resilience and strong mental health for children. See taster below!

stormbreak@home

An approach for schools, families, parents, carers and children to support mental health & wellbeing

Stormbreak is a charity that supports young children's mental health through movement, equipping them with sustainable skills and coping strategies to thrive during the complex demands of growth into adult life. The need to support children's mental and physical health is pressing and needed in these recent challenging and uncertain times.

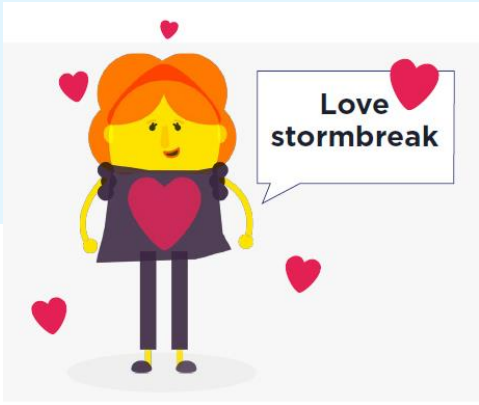


stormbreak.org.uk

hello@stormbreak.org.uk



stormbreak



Our stormbreak mental health concepts:

Within stormbreak we focus on core mental health concepts as we believe these strengthen, support and build our current, as well as, long term mental health. These are:



Resilience: How we develop inner strength and courage and the ability to keep trying and 'bounce back' from difficult situations.



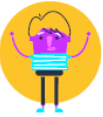
Self-worth: How we feel about ourselves inside, knowing we are important and that we matter.



Relationships: The connections we have with the people around us that help us to feel special and safe.



Hope and Optimism: Helps us to see that things can change and that we can believe in our potential now and in the future.



Self-care: How we look after our mental and physical health, notice our feelings and how we make choices about ways to take care of ourselves.

stormbreak challenge

Support children's emotional wellbeing, mental and physical health.



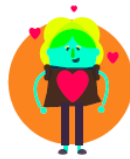
Help children develop...



Resilience



Relationships



Self-worth



Self-care



Hope and Optimism