



# Weyco Kitchen Hot School Meals



## Summer Term 2023 School Lunch Menu

You can order and pay (£2.40 if required) at the secure portal  
[wykeregis.myschoolmealorders.com](https://wykeregis.myschoolmealorders.com)

Remember - orders to Weymouth College need to be placed by midnight  
Monday for the following  
week so any changes made after this time for that week will not be met.



### FREE School Lunches

If your child is in Reception, Year 1 and Year 2 school  
lunches are FREE

If your child is in Years 3, 4, 5 or 6 they may be entitled  
to a free school lunch if you are in receipt of certain  
benefits

Please speak to the school office for further  
information or visit the Dorset Council website at  
[www.dorsetcouncil.gov.uk/home.aspx](http://www.dorsetcouncil.gov.uk/home.aspx) to apply



1. Please note that we use low fat, low/reduced sugar, low salt ingredients where possible in items such as custard, mayonnaise and baked beans etc.
2. We use local butchers, bakers, fruit, vegetable and dairy suppliers within the Dorset area.
3. Many items on the menu include high quantities of items such as chickpeas, lentils and fresh vegetables that are not visible on the menu.
4. Whilst we try our hardest to be as accurate with allergens information as possible, we cannot guarantee to be 100% accurate.
5. If your child has allergies or dietary requirements please contact the school office.
6. Weyco Services do not consider butchered meat products from the Fantastic Sausage Factory in Weymouth as processed foods.
7. The menu is school food plan compliant.

Wyke Regis Primary Federation

Infants Tel: 01305 782470, Email: [infooffice@wykeregisfed.dorset.sch.uk](mailto:infooffice@wykeregisfed.dorset.sch.uk)

Juniors Tel: 01305 786041, Email: [junoffice@wykeregisfed.dorset.sch.uk](mailto:junoffice@wykeregisfed.dorset.sch.uk)

Menu Week 1 - Weeks Beginning 17th April, 15th May, 5th June & 3rd July

Monday

Tuesday

Wednesday

Thursday

Friday

Main

Fantastic Sausage  
Factory Hot Dog with  
1/4 Jacket Potato

Green Pesto  
Chicken, Tomato &  
Bacon Penne

Mild Beef Chilli  
Nachos

Roast Chicken with  
Roast Potatoes &  
Stuffing

Breaded Fish Fingers &  
Chips

Vegetarian

Vegan Hot Dog with  
1/4 Jacket Potato

Green Pesto &  
Cherry Tomato Penne

Mild Quorn Chilli  
Nachos

Stuffed Courgette  
with Roast Potatoes &  
Stuffing

Quorn Fishless Fingers  
& Chips

Side  
Dish

Side Salad

Carrot Sticks & Cherry  
Tomatoes

Guacamole &  
Tomato Salsa

Broccoli & Carrots

Peas

Jacket  
Potato

Spaghetti Hoops &  
Grated Cheese

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Grated Cheese

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Grated Cheese

Spaghetti Hoops &  
Grated Cheese

Spaghetti Hoops &  
Grated Cheese

Sweet

Shortbread Bear

Banana and Custard

Swiss Roll

Fruit Salad

Chocolate Sponge  
with Chocolate Sauce

Alternative  
Sweet

Fruit Pieces,  
Yoghurt or  
Combination

Fruit Pieces,  
Yoghurt or  
Combination

Fruit Pieces,  
Yoghurt or  
Combination

Fruit Pieces,  
Yoghurt or  
Combination

Fruit Pieces,  
Yoghurt or  
Combination

Menu Week 2 - Weeks Beginning 24th April, 22nd May, 12th June & 10th July

Monday

Tuesday

Wednesday

Thursday

Friday

Main

Cheeseburger with  
Sliced Potatoes

Chicken Korma &  
Onion Bhaji

Spaghetti & Meatballs  
with Garlic Bread

Roast Pork & Roast  
Potatoes

Breaded Fish Fillet &  
Chips

Vegetarian

Vegetarian  
Cheeseburger with  
Sliced Potatoes

Quron & Vegetable  
Korma & Onion Bhaji

Spaghetti & Veggie  
Meatballs with Garlic  
Bread

Nutless Roast & Roast  
Potatoes

Breaded Quorn Fillet  
& Chips

Side  
Dish

Side Salad

Vegetable Rice

Cherry Tomato

Carrots & Peas

Green Beans

Jacket  
Potato

Baked Beans &  
Grated Cheese

Baked Beans &  
Grated Cheese

Baked Beans &  
Grated Cheese

Baked Beans &  
Grated Cheese

Baked Beans &  
Grated Cheese

Sweet

Gingerbread

Greek Yoghurt &  
Honey

Pancake with a  
Berry Compote

Fruit Salad

Apple & Strawberry  
Crumble

Alternative  
Sweet

Fruit Pieces,  
Yoghurt or  
Combination

Fruit Pieces,  
Yoghurt or  
Combination

Fruit Pieces,  
Yoghurt or  
Combination

Fruit Pieces,  
Yoghurt or  
Combination

Fruit Pieces,  
Yoghurt or  
Combination

Menu Week 3 - Weeks Beginning 1st May, 19th June & 17th July

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Sausage & Mash	Macaroni Cheese with Bacon & Garlic Bread	Pepperoni Pizza with Coleslaw	Roast Beef with Yorkshire Pudding & Roast Potatoes	Fish Fingers & Chips
Vegetarian	Quorn Vegetarian Sausage & Mash	Macaroni Cheese & Garlic Bread	Cheese & Pineapple Pizza with Coleslaw	Stuffed Pepper with Yorkshire Pudding & Roast Potatoes	Quorn Fishless Fingers & Chips
Side Dish	Baked Beans	Carrot Sticks	Side Salad	Carrots & Cauliflower	Peas & Sweetcorn
Jacket Potato	BBQ Sausage & Grated Cheese	BBQ Sausage & Grated Cheese	BBQ Sausage & Grated Cheese	BBQ Sausage & Grated Cheese	BBQ Sausage & Grated Cheese
Sweet	Fruit Flapjack	Jam Doughnut	Fruit Jelly	Summer Berries & Cream	Carrot Cake
Alternative Sweet	Fruit Pieces, Yoghurt or Combination	Fruit Pieces, Yoghurt or Combination	Fruit Pieces, Yoghurt or Combination	Fruit Pieces, Yoghurt or Combination	Fruit Pieces, Yoghurt or Combination

Menu Week 4 - Weeks Beginning 8th May & 26th June

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Breaded Chicken Nuggets & Potato Balls	Beef Bolognese with Pasta Shells	Chicken Chow Mein with Prawn Crackers	Gammon Slice with New Potatoes	Fish Cake & Chips
Vegetarian	Vegan Nuggets & Potato Balls	Quorn Bolognese with Pasta Shells	Quorn & Mushroom Chow Mein	Mushroom Crumble with New Potatoes	Veggie Bake & Chips
Side Dish	Baked Beans	Cherry Tomato	Oriental Veg	Carrots & Green Beans	Peas
Jacket Potato	Tuna Mayo & Grated Cheese	Tuna Mayo & Grated Cheese	Tuna Mayo & Grated Cheese	Seafood Mayo & Grated Cheese	Tuna Mayo & Grated Cheese
Sweet	Chocolate Crispie	Strawberry Mousse	Oatmeal & Raisin Cookie	Red Fruit, Watermelon & Strawberry Pop	Summer Fruit Cheesecake
Alternative Sweet	Fruit Pieces, Yoghurt or Combination	Fruit Pieces, Yoghurt or Combination	Fruit Pieces, Yoghurt or Combination	Fruit Pieces, Yoghurt or Combination	Fruit Pieces, Yoghurt or Combination

# Fruity Friends

## Lunch Box Menu

### Alphie

Lunch

Nut free

White Ham Sandwich

Apple

Vegetable Offer

Mini Muffin

Fruit Yoghurt

Water

### Bertie

Lunch

Nut free

Tuna Mayonnaise Wrap

Banana

Vegetable Offer

Popcorn

Babybel Cheese

Water

### Charlie

Lunch

Vegetarian & nut free

Grated Mild Cheddar in a  
Brown Roll

Apple

Vegetable Offer

Shortbread

Fruit Yoghurt

Water

### Dannie

Lunch

Nut free, vegan, dairy free,  
gluten free & vegetarian

Houmous with Vegetable  
Sticks

Banana

Vegetable Offer

Dried Fruit & Raisins

Fruit Jelly

Water

Drinks and School Trips - We currently provide water on the lunchtime table and find the packed lunch drinks are a little excessive for small children and damaging to the environment.

We have decided not to put them in years Reception, 1 and 2 packed lunches. We would like to continue as we are for years 3 and above and will keep the drinks in for school trips etc. If your child is due on a school trip their meal will change automatically to packed lunch "C".

# SUMMER BBQ



This year we have decided to offer a BBQ style theme day;

**"Fantastic Sausage Factory"**  
Burger or Vegetarian Burger  
Served in a Roll with Cheese

Fantastic Chipolata or Vegetarian Sausage  
served with 1/2 Jacket Potato, Salad & Relish

& Chocolate & Vanilla Swirl Mousse!

**Thursday 22nd June**

## DTA

Dorset Training Academy

The Dorset Training Academy at Weymouth College deliver a range of comprehensive industry focussed short courses including First Aid, Food Safety, British Sign Language and Mental Health First Aid.

To find out more visit our website [www.weymouth.ac.uk/subjects/professional-courses](http://www.weymouth.ac.uk/subjects/professional-courses)

Email [dta@weymouth.ac.uk](mailto:dta@weymouth.ac.uk) or call us on 01305 764748.