

PSHE at Wyke Regis Primary Federation



Intent Statement

We aim beyond the requirements of the National Curriculum for PSHE; providing a broad, balanced and adapted curriculum; ensuring a progressive development of PSHE concepts, knowledge and skills.

We have designed our PSHE curriculum to incorporate Jigsaw, circle time, aspirations, British values and to be underpinned by our school values, linked through our collective worship and as part of our relationships policy.

We choose important threads that link the learning from the Foundation Stage into Year 1 and through to the end of Year 6. In PSHE, those are 'Being Me in My World', 'Healthy Me', 'Dreams and Goals', 'Celebrating Difference', 'Sex and Relationships Education' and 'Changing Me'. These are important for our learners because they support our children to make informed choices for their future health and well being, to understand relationships with their family, wider family and community including school, clubs they attend and associations that they may belong to. It also enables children to understand how their bodies change over time and as puberty occurs. PSHE helps children to learn about how to aspire and achieve, the commitment required to pursue our dreams and the sense of achievement we feel when we reach those dreams. PSHE helps the children to celebrate and embrace difference, develop tolerance and break down stereotypes.

Through our Federation curriculum drivers, PSHE will develop the children's creativity by challenging them to think outside the box and be open to alternatives, build resilience by empathising with others and understanding their own feelings in order to overcome barriers in their learning, and raise their aspirations to achieve their dreams and ambitions.

We make our PSHE learning inclusive to all learners through learning that encompasses all levels of ability, race, gender and we include and promote all different types of relationships.

To enrich the learning opportunities further in PSHE, we plan to include visits from the Life Education Van, participation in Primary Futures to raise aspirations and visits (either virtually or in person) from people in the community who will inspire them, as well as 'Aspiration Day' across the Federation.

We want our learners to enjoy PSHE and to become well-rounded, inspired and resilient individuals who are proactive and able to participate well in their local community and wider society.