

Connecting Games Number 4

As promised here are some more activities for you to try out and
CONNECT



Nurture

Count the Crunches

How to play

Put a party ring biscuit on your finger. Invite your child to see how many bites it takes to eat it.

Vary the game by encouraging them to take small bites or big bites or slow bites etc.

Information for parents

- ◆ Regulating as crunching helps this.
- ◆ Eye contact.
- ◆ Fun and being silly.



Structure

Simon Says...

How to play

Direct your child with a series of instructions such as, "Take one step to the left". The child shouldn't move unless you say "Simon says" before the instruction.

Information for parents

- ◆ Building a feeling of safety.
- ◆ Building a sense of achievement.
- ◆ Following instructions in a playful way.



Challenge

Thumb War

How to play

Sitting across from each other, grasp each other's fingers leaving your thumbs in the air. Rhythmically invite your child to a thumb war by saying, "1,2,3,4 I declare a thumb war". Try to hold each other's thumbs down with your own.

For more challenge, use opposite hand.

Information for parents

- ◆ Eye contact.
- ◆ Adult challenging the child.
- ◆ Regulating and connection through touch.

