

Connecting Games – Number 5

As promised here are some more activities for you to try out and
CONNECT

Engagement

Hide and Find



Engagement and structure with counting or hot/cold clues

Hide and Find

How to play

Have your child close their eyes, then hide a cotton ball or small treat somewhere on them. If they are older they can hide it on themselves while parent close eyes

Older children can hide it themselves with parent's eyes closed.

Information for parents

- ◆ Eye contact.
- ◆ Experiencing calming touch if done without tickling.
- ◆ Having fun together.



Engagement

Row The Boat



Engagement

Row The Boat

How to play

Sitting across from your child holding hands, rock back and forth singing the version of Row the Boat below.

Row, row, row the boat gently out to sea. If you see [use child's name], blow a kiss from me.

Information for parents

- ◆ Gentle excitement supported by adult encouraging safe risk-taking.
- ◆ Regulating through rhythm and melody.
- ◆ Movement – for excitable children, hold elbows.



Nurture

Cotton Ball Touch



Nurture and engagement

Cotton Ball Touch

How to play

Using a cotton wool ball, or something similar like a pompom, let your child feel what it's like to have their finger stroked.

For more challenge, get your child to close their eyes and guess which finger has been stroked.

Information for parents

- ◆ Regulating as touch is calming.
- ◆ Understanding how children like to be touched – i.e. gently or firmly.
- ◆ Developing sense of own body.

