

# Wyke Regis Primary Federation

*Inspiring Hearts and Minds*

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30<sup>th</sup> September 2020

Dear Parent/ Carer,

## **Y6 - Sex and Relationship Education**

Usually during the Summer Term, all year groups would have been taught the PSHE (Personal, Social and Health Education) programme called Jigsaw. The summer term puzzles (units) usually taught at this time are Relationships (unit 1) and Changing Me (unit 2).

The Changing Me puzzles include 2 to 3 lessons to help your child understand the changes that puberty brings and how human reproduction happens. These lessons are delivered in a scientific manner, referencing the correct terminology for body parts and changes that occur in addition to supporting the emotional needs of the children.

As stated above, this unit is usually taught in the summer term. Year Six children will have their usual Year Six units taught in the Summer Term 2021. However, we strongly believe that it will be beneficial to teach the Year Five content that your child has missed as it covers many of the changes that your child may encounter at this stage in their lives.

From September 2020, the Government has made the teaching and learning of Relationship and Sex Education compulsory in all primary and secondary schools and have provided strict legal guidance in which schools must adhere to ensure content is at the expected level for each stage of the child's personal development.

For your information, the Year Five content that will be delivered during the week of 5<sup>th</sup> October and 12<sup>th</sup> October will consist of:

- Puberty for girls (including the menstruation cycle) (intended for Monday 5<sup>th</sup> October)
- Puberty for boys (intended for Monday 12<sup>th</sup> October)

The same content will be delivered to the boys and the girls. However, the sessions will take place separately with all the boys being taught separately to the girls.

It may be of benefit for you to talk to your child before these sessions if you feel this will be necessary.

Should you have any further questions, please do not hesitate to contact your child's class teacher by emailing [junoffice@wykeregisfed.dorset.sch.uk](mailto:junoffice@wykeregisfed.dorset.sch.uk). Teachers will then respond via the telephone due to current social distancing measures in place.

Yours sincerely

Mrs J Sonner  
Deputy Head of Federation