

Name: Sophie Long

Category: Parent Governor

Appointed by: Parents

Term of Office: 26.04.19—25.04.23

Committee: School Improvement Committee

Special Responsibility: English Link Governor

## Personal Profile

I have two children attending the Federation and I have previously enjoyed volunteering on school trips and assisting the Friends group with fundraising events. It was a natural progression to become a parent governor to enhance my engagement with the school community and to contribute to the work of the governing board in ensuring high standards of achievement for all children in the school.

I hold a degree in Business Studies and after graduating I specialised in Human Resource Management, becoming a member of the CIPD and gaining a Post Graduate Diploma. I have worked in both the public and private sector, supporting senior leaders and promoting a people focused approach.

I live in Wyke Regis and when the weather allows, I love exploring our wonderful coastline and beaches with the family.