

WEEK 3	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA
MONDAY													
Beef Lasagne	M	C					C		M				
Soya Lasagne	M	C					C		M				C
Coconut & Jam Sponge		C		C			C						
Custard							C						
TUESDAY													
Southern Style Chicken	C	C		C			M		M				C
Southern Style Quorn	C			C			C						
White Roll		C											C
Custard							C						
WEDNESDAY													
Sweet & Sour Pork		C								M	M		C
Sweet & Sour Quorn		C		C						M	M		C
THURSDAY													
Roast Chicken & Bacon													
Stuffed Courgette							C						
Blueberry Muffin		C		C			C					M	M
FRIDAY													
Fishwich		C			C								
Wholemeal Vegetable Quiche		C		C			C						
Chips													
Waffles		C		C			C			M			C
Squirry Cream							C						
DAILY													
BBQ Sausage		C							C				
Grated Cheese							C						
Yoghurt							C			M	M		

SULPHUR DIOXIDE

Contains Pork

	C

	C

C	